FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB A | PPROVAL |
|-------------|---------|
| OMB Number: | 3235-0 |

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | | | | OI S | secu | 1011 30 | 0(II) C | or the ir | nvesimen | it Con | npany Act | JI 1940 | , | | | | | | | |
|--|----------|---------------------|-------------|---------|---|---|------------------------|---|-------------------|--------------------------------|--------------------|---------------------|-------------|---------------------------|------------------------|---|---|---|--|--|----------------|
| 1. Name an Wells J | | f Reporting Person* | | | | | | | | er or Trac NDS, | | Symbol LCU | Γ] | | | | | p of Reportin plicable) ctor | • . | • | ssuer Owner |
| , | | | | | | | | | | | .1. 15 | 2 0/) | | | 4 | X | | er (give title | (| | (specify |
| | ` | ANDS, INC. | (Middle) | | | 3. Date of Earliest Transaction (Month/Day/Year) 06/10/2015 | | | | | | | | | | | EV | P and Pres. | of Kitch | enwa | ire |
| | | | | | 4. If | Ame | endm | nent, | Date of | f Original | Filed | (Month/Da | ıy/Yea | r) | | . Indiv | idual o | r Joint/Group | Filing (Ch | eck A | pplicable |
| (Street) GARDEI | N CITY N | Y | 11530 | | | | | | | | | | | | | X | | n filed by One | | | |
| (City) | (S | tate) (| (Zip) | | | | | | | | | | | | | | Pers | son | | | · · |
| | | Tab | le I - Nor | n-Deriv | ative | Se | cur | rities | s Acq | quired, | Dis | posed o | f, or | Ben | efici | ally | Owne | ed | | | |
| 1. Title of Security (Instr. 3) 2. Transposite (Month/L | | | | | Execution Date, | | | 3. Transaction Code (Instr. 3) 5) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4) 5) | | | | (A) or 3, 4 a | nd | Securi Benefi Owned | icially d Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership | | | |
| | | | | | | | | | Code | v | Amount | (4 | A) or D) | Price | e | Reported Transaction(s) (Instr. 3 and 4) | | | | (Instr. 4) | |
| Common stock 06/1 | | | | 06/10 |)/2015 | /2015 | | | | A | | 2,500(| (1) A | | \$ | 0 | 8,779 | | D | | |
| Common stock | | | | | | | | | | | | | 255,253 | | I | | Spouse | | | | |
| | | Ta | able II - I | | | | | | | | | sed of, onvertib | | | | | vned | | | | |
| 1. Title of Derivative Security (Instr. 3) | | | | | 4. Transaction Code (Instr. 8) | | n o r. S A (/ | of | | 6. Date Expiration (Month/D | n Date | Amount of | | str. 3 | | | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Owner Form: Direct or Indi (I) (Ins | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | Code | v | 0 | (A) | | Date Exercisal | | Expiration Date | Title | or | ount nber res | | | | | | | |

Explanation of Responses:

1. The restricted stock was granted pursuant to the Company's Amended and Restated 2000 Long-Term Incentive Plan.

/s/ James Wells

06/11/2015

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.